

# BUILD YOUR BILINGUAL IDENTITY IN ENGLISH

## STARTING FROM THE ELEMENTARY LEVEL

This is where your English journey begins. Especially at this level, it is very important to celebrate every small win - you need to remember that you are starting a life-long journey of growth and transformation. Take small steps and be consistent. 🌟

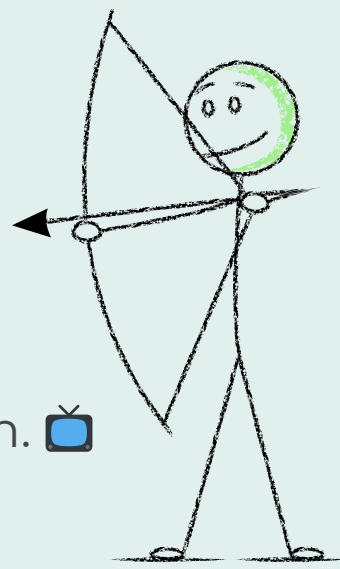
### LEARNING HABITS 📖

- Daily Vocabulary: Learn 5 new words every day. 📝
- Listen and Repeat: Listen to simple English sentences and repeat them. 🎧
- Flashcards are your ally for vocabulary and basic grammar rules. 🗂️



### PRACTICAL TIPS FOR SELF-STUDY 🛠️

- Use language learning apps designed for beginners. 📱
- Watch children's programmes in English. 📺
- Practise with a native speaker if possible. 💬



### 5-MINUTE MISSIONS 🕒

- Write a simple sentence in English. 🖋️
- Identify and say aloud 5 objects around you in English. 👁️
- Listen to a short English audio clip and try to understand it. 🎵



# STRENGTHEN THE BILINGUAL IDENTITY IN ENGLISH

## IF YOU ARE TIRED OF BEING THE ETERNAL INTERMEDIATE

Are you somewhere in the B1 realm? OK! Now it's time to deepen your skills and expand your comfort zone. 🌈 Remember, you need to calibrate the learning so as to find the right balance between challenge and confirmation of your communicative capacity.

### LEARNING HABITS 📖

- Journaling: Write a short paragraph in English every day. 📖
- Active Listening: Listen to podcasts or news in English.
- Grammar Drills: Practise complex sentences and tenses.



### PRACTICAL TIPS FOR SELF-STUDY 🛠️

- Read short articles or news stories in English.
- Join English-speaking groups or forums online.
- Use intermediate-level language learning apps. 📱



### 5-MINUTE MISSIONS 🕒

- Summarise a news article in one sentence. ✍️
- Record yourself speaking in English for 5 minutes. 🎤
- Translate a paragraph from Italian to English.






# THE FINAL STEP TO BILINGUAL IDENTITY IN ENGLISH

## HOW TO PROGRESS TO THE FULL INDEPENDENCE AT ADVANCED LEVEL



Welcome to the advanced level! This is where you refine and master your English skills. Aim for excellence and keep challenging yourself with new topics, levels of formality and communication channels you aren't fully familiar with yet.

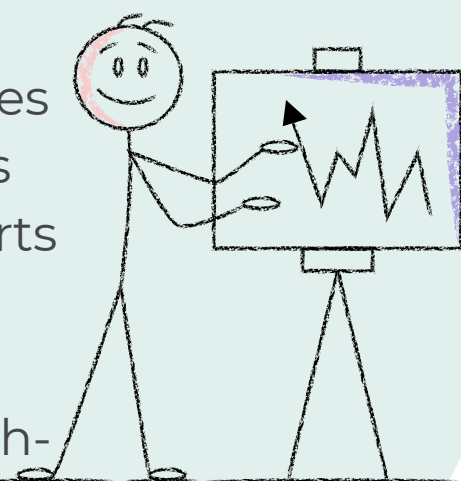
### LEARNING HABITS

- Academic Reading: Read research papers or long form articles. 
- Debating: Practise debating on various topics in English. 
- Vocabulary Expansion: Learn idioms, phrasal verbs, and industry-specific terms. 




### PRACTICAL TIPS FOR SELF-STUDY

- Watch documentaries or academic lectures
- Write essays or reports in English. 
- Engage in complex discussions in English-speaking communities. 



### 5-MINUTE MISSIONS

- Write a complex sentence using an idiom. 
- Listen to a 5-minute academic lecture and jot down the main points.
- Translate a complex sentence from English to Italian and vice versa.

